

Minnesota Valley Lutheran High School

Lunch Menu

May 2023

1	2	3	4	5
Sausage Patty Hash brown French Toast Stix Broccoli, bananas, Applesauce Lettuce, Carrots	Beef Stroganoff Noodles, Bread Slices, Green Beans, Peaches, Lettuce & Fresh Veggies	Sloppy Joes Potato Wedges Peas, Fresh Fruit, Berry Cups Lettuce & Carrot	Meatballs & Gravy Mashed Potatoes Corn, Lettuce, Fresh Veggies Peaches	Chicken Patty on a bun, Chips Baked Beans, Lettuce, Carrots, Celery Mixed Fruit
8	9	10	11	12
Hamburger or Cheeseburger Baked Beans Hashbrown, Lettuce & carrots Mandarin Oranges	Chicken Strips Mashed Potatoes Corn, Bread Slice Peaches Lettuce Fresh Veggies	Chicken Fajitas Tortilla Chips Refried or Black Beans Fresh Fruit Lettuce, Tomatoes Carrots	Corn Dogs Snack Chips Peas, Fruit Cup Lettuce Assorted Fresh Veggies	Sausage, Pepperoni or Cheese Pizza Peas Apple Sauce cup, Raisins, Lettuce Carrots & Celery
15	16	17	18	19
Pork Riblet on a bun Cook's Choice Assorted Sides Assorted Vegetables Assorted Fruit	BBQ Chicken on a bun with Cook's Choice Assorted Sides Assorted Vegetables Assorted Fruit	Tater Tot Hotdish Bread Stick Assorted Sides Assorted Vegetables Assorted Fruit	Jambalaya Cook's Choice Assorted Sides Assorted Vegetables Assorted Fruit	Hot Ham and Cheese Cook's Choice Assorted Sides Assorted Vegetables Assorted Fruit
22	25	26	27	28
Turkey or Ham Subs Snack Chips Assorted Veggies Assorted Fruit	Exams No Lunch	Exams No Lunch	Exams No Lunch	
			Menu Subject to Change	Salad Bar Available order at MVL.org order before 9am each day Milk Included With Each Mea

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