

Minnesota Valley Lutheran High School

Lunch Menu

March 2023

		1	2	3
Salad Bar Available order at MVL.org Milk Included With Each Mea	Menu Subject to Change	Sloppy Joes Curly Fries Fresh Broccoli Lettuce Carrots & Celery	Sausage Patty Hash brown French Toast Stix bananas Lettuce, Carrots	BBQ Chicken Snack Chips Baked Beans Fruit Fluff Lettuce, Celery
6	7	8	9	10
Pizza Peas, Fruit Cups, Salad Carrots, Celery	Hot Ham & Cheese Broccoli Strawberries Lettuce Carrots & Celery	Corn Dog Cole Slaw Baked Beans Snack Chips Applesauce Lettuce & Carrots	Beef Haystax Refried Beans Corn Chips, Pears Salad Carrots & Celery	Turkey Subs Green Beans Snack Chips Fresh Fruit Lettuce, Tomatoes Carrots
13	14	15	16	17
Hamburgers Baked Beans Snack Chips Fresh Fruit Applesauce Salad & Carrots	Ham & Linguine Peas, Garlic Toast Peach Cup Lettuce Carrots & Broccoli	Beef Stroganoff Noodles, Bread Slices Green Beans Pears, Lettuce & Carrotss	Mr. Ribs Potato Wedges, Corn Apple Sauce Lettuce Carrots & Celery	Fish Sandwich Mac-n-cheese Green beans Lettuce, Fruit Cup Tomatoes & Carrots
20	21	22	23	24
Chicken Patty on a Bun Potato Chips Baked Beans Lettuce & Carrots Fruit Cup	Chicken & Gravy Mashed Potatoes Green beans Bread Slices Peaches Salad & Carrots	Beef & Cheese Burrito Rice Refried Beans Fresh Fruit Salad & Carrots	Hotdog on a bun Apple crisp Corn Broccoli Salad Side Kicks Raisins & Carrots	Meatball Subs Snack Chips Peas Lettuce, Tomatoes Carrots
27	28	29	30	31
Pulled Pork on a bun, Green Beans, Hashbrown Fresh Fruit Carrots, Celery	Chicken Strips bread Slice Mashed Potatoes Peas, Applesauce Lettuce & Carrots	Tater Tot Hotdish Corn Bread Slices Pears Lettuce Carrots & Celery	Chicken & Sausage Jambalaya Peas, Bread Slice Peaches, Lettuce & Cucumber Salad	BBQ Chicken Snack Chips Baked Beans Fruit Fluff Lettuce, Celery

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