

Minnesota Valley Lutheran High School

Lunch Menu

February 2023

		1	2	3
Salad Bar Available order at MVL.org Milk Included With Each Mea	Menu Subject to Change	Chicken & Sausage Jambalaya, Bread Slice Peas, Lettuce, Pears, Carrots & Celery	Chicken Patty on a Bun Potato Wedges Baked Beans Lettuce & Carrots Fruit Cup	Corn Dog Steamed Broccoli Snack Chips Applesauce Raisins, Lettuce & Carrots
6	7	8	9	10
Pizza Peas, Fruit Cups, Salad Carrots, Celery	Spaghetti Meatsauce Garlic Toast Broccoli, Fruit Fluff Salad & carrots	Mr. Ribs Potato Wedges, Corn Apple Sauce Lettuce Carrots & Celery	Beef Haystack Refried Beans Corn Chips, Pears Salad Carrots & Celery	Turkey Subs Green Beans Snack Chips Fresh Fruit Lettuce, Tomatoes Carrots
13	14	15	16	17
Hamburgers Baked Beans Snack Chips Fresh Fruit Peach Cup Salad & Carrots	Hotdog on a bun Peas Apple Crisp Strawberries Salad Carrots & Celery	Meatball Sub w/ Marinara Potato Chips Green Beans Pears, Lettuce & Carrots	Popcorn Chicken w/Sweet & Sour Rice & Bread Slice Mixed Veggies Pineapple Lettuce & Carrots	No School LES Tournament
20	21	22	23	24
No School LES Tournament	Sausage Patty French Toast Sticks Applesauce/ Banansa Fresh Broccoli & Carrots Lettuce	Chicken & Gravy Mashed Potatoes Green beans Bread Slices Mixed Berry Cups Salad & Carrots	Tater Tot Hotdish Corn Bread Slices Pears Lettuce Carrots & Celery	No School
27	28	1		
Chicken Legs Baked Potatoes Corn Peaches Lettuce Carrots	Chicken Fried Rice bread Slice Peas & Carrots Strawberry Cup Salad Carrots	Sloppy Joes Curly Fries Broccoli Lettuce Carrots & Celery		

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